At the start of May, the ASPREE National Coordinating Centre moved into a new facility on the ground floor of the Burnet Building (close by the Alfred Hospital). The move was essential for staff to co-ordinate recruitment of Australia’s 12,500 people to ASPREE and to provide clinical trial facilities for Melbourne’s ASPREE participants.

The new headquarters saw its first ASPREE participants walk through the doors on the 2nd June. These participants were involved in ASPREE and the sub-studies Biobank and ENVIS-ion. The success of these studies is contingent on the generous support and involvement of our participants and GPs.

The ASPREE mobile laboratory, the ASPREE BioBus, has attracted publicity in its travels across Melbourne and regional Victoria. In late June the BioBus travelled to Nagambie in northern Victoria. This inaugural event was filmed by WINTV (Shepparton) describing Biobank and ASPREE and the importance of these studies to GP queries from Melbourne, regional Victoria and Tasmania.

The ASPREE BioBus has also collected and processed samples from ASPREE participants in Prahran, Essendon and Mount Waverley.

In Melbourne, the BioBus has also collected and processed samples from ASPREE participants in Prahran, Essendon and Mount Waverley.
On the 4th of August, the ASPREE National Co-ordinating Centre in Melbourne is holding a special invitational event for GPs in the inner metropolitan regions. “ENVIS-ion This Night” will promote the sub-study ENVIS-ion (Elderly Neuro-Vascular Imaging Study) with guest specialists from Monash University, the Centre for Eye Research Australia (CERA) and the Alfred Hospital attending.

GPs will engage with these specialists throughout the evening, covering topics such as dementia and cognitive decline in the community, retinal vascular imaging (RVI) and MRI technology.

The RVI camera will also be on display with a qualified technician for any attending guests curious to find out about the state of their eyes!

For more information on this event or the ENVIS-ion study please call:

1800 728 745
or email us at: aspreegp@monash.edu

Recruitment Update
Recruitment is accelerating in all centres

To date ASPREE has featured in:
- The Canberra Times
- Monash Magazine
- Medical Observer
- Australian Family Physician
- Good Practice
- WINTV Shepparton/Bendigo

WEBSITE
WWW.ASPREE.ORG

Funding Organisations:
National Institute on Aging (NIA/NIH in the USA), National Health and Medical Research Council of Australia (NHMRC), CSIRO, Victorian Cancer Agency (VCA)

Aspirin in the news
March 2010: Efficacy of aspirin in treating breast cancer
Breast cancer patients taking aspirin were less likely to have a recurrence of the disease and less likely to die from it than those who did not take aspirin. (http://jco.ascopubs.org/cgi/content/abstract/28/9/1467)

June 2010: Equipoise emphasises the need for ASPREE
A recent meta-analysis of aspirin’s effects to prevent cardiovascular disease (CVD) events in people with diabetes did not show significant benefit of the treatment. Despite this, the authors of the meta-analysis (the Am Diabetes Assn, Am Heart Assn and the Am Coll Cardiol) recommended aspirin use in diabetic patients who have a 10 year risk of CVD events over 10% (men over 50 and women over 60). (http://care.diabetesjournals.org/content/33/6/1395.extract)